

Returning Traveler Information

SYMPTOMS



FEVER



COUGH



SHORTNESS
OF BREATH



People should not be excluded from activities based on their race or country of origin. This guidance is based only on a person's travel history.

GUIDANCE FOR RETURNING TRAVELERS

If you have returned from a country identified by the CDC as a Geographic Area with Sustained Transmission (Travel Alert 2 or 3) in the last **14 days** and:

- have fever, cough and/or shortness of breath, contact the Division of Public Health at **1-866-408-1899** to discuss next steps. Those who need to call 9-1-1 for a medical emergency should advise dispatchers of your recent travel and symptoms.
- do not have fever, cough and/or shortness of breath, contact the Division of Public Health call center at **1-866-408-1899** for instructions on self-monitoring for symptoms.

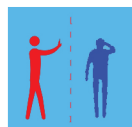
For a list of countries included in the travel alerts, visit [cdc.gov/coronavirus/2019-ncov/travelers/index.html](https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html).

Asymptomatic returning travelers are asked to stay at home (no work, school, attending public gatherings) during this 14-day period. If a returning traveler develops symptoms during the 14-day period, and there is no medical emergency, they should contact DPH instead of calling 9-1-1 or visiting a walk-in or urgent care facility.

PREVENTION



Wash hands with water and soap or sanitizer for at least 20 seconds



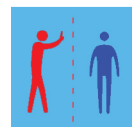
Avoid contact with sick people



Don't touch eyes, nose, or mouth with unwashed hands



Stay at home



Avoid contact with others



Cover nose and mouth if sneezing or coughing



Keep objects and surfaces clean



Wear a surgical mask

For more information, visit de.gov/coronavirus

Call 1-866-408-1899 to speak to an operator at the DPH call center during normal business hours.

Email dphcall@delaware.gov