

# CORONAVIRUS DISEASE 2019 (COVID-19)

## WHAT IS IT?

- A new respiratory virus first identified in Wuhan, China
- It has the potential to cause severe illness and pneumonia in some people



## HOW IS IT SPREAD?

- Through the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

## WHO IS AT RISK?

- People over 60
- People who have chronic health conditions
- Those who are immunocompromised
- Those suffering from behavioral health issues
- People with disabilities
- Those who are experiencing homelessness
- Those who are undocumented immigrants

### **ALL FACE GREATER RISKS FOR COVID-19**

## WHAT ARE THE SYMPTOMS?

Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:

- Fever
- Cough
- Aches
- Sore Throat
- Shortness of breath



## HOW IS IT PREVENTED AND TREATED?



- Similar to prevention of other respiratory illnesses, including the flu:
  - Wash hands often
  - Avoid touching eyes, nose, or mouth with unwashed hands
  - Avoid contact with sick people
  - Stay home while you are sick; avoid others
  - Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications.

**CORONAVIRUS  
(COVID-19)**

[de.gov/coronavirus](https://de.gov/coronavirus)



DELAWARE HEALTH  
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Questions? Call the information line at  
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