CORONAVIRUS DISEASE 2019 (COVID-19)

WHAT IS IT?

- A new respiratory virus first identified in Wuhan, China
- It has the potential to cause severe illness and pneumonia in some people



HOW IS IT SPREAD?

- Through the air by coughing and sneezing
- Close personal contact, such as touching or shaking hands
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

WHO IS AT RISK?

- People over 60
- People with disabilities

- People who have chronic health conditions
- Those who are immunocompromised
 Those suffering from behavioral health issues
 - Those who are experiencing homelessness
- Those who are undocumented immigrants

ALL FACE GREATER RISKS FOR COVID-19

WHAT ARE THE SYMPTOMS?

Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:

Fever

Cough

Shortness of breath



HOW IS IT PREVENTED AND TREATED?

- Similar to prevention of other respiratory illnesses, including the flu:
 - Wash hands often
 - Avoid touching eyes, nose, or mouth with unwashed hands
 - Avoid contact with sick people
 - Stay home while you are sick; avoid others
 - Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Most people with mild coronavirus illness will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications.



CORONAVIRUS (COVID-19) de.gov/coronavirus



Questions? Call the information line at 1-866-408-1899, or 7-1-1, or email dphcall@delaware.gov