CORONAVIRUS (COVID-19)

DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health

DELAWARE SENIORS

Stay Healthy. Stay Safe.

SAFER AT HOME

If you are 65+ you are at higher risk for severe illness from COVID-19.

Take the following precautions:

- **Limit** your public interactions.
- **Monitor** yourself for symptoms of COVID-19.
- **Ask** family/friends to help with your needs.
- **Seek** support from reputable agencies.

2·1·1 DELAWARE

CONTACT 2-1-1 FOR

- **Groceries**
- **Prescriptions**
- **Banking**
- **Wellness Checks**
- **For Additional Information on Support Services**

For help: Dial **2-1-1**, or
Text your Zip Code to **898-211**

de.gov/coronavirus

Updated 6/17/20

YOU'RE NOT ALONE. HELP IS AVAILABLE.

COVID-19 Testing

To be tested, a referral from your provider is required.

Symptoms of COVID-19 may include fever, coughing, shortness of breath, body aches and sore throat. Contact your primary care provider if you have signs or symptoms of COVID-19.

> If you do not have a provider, call **2-1-1.**

Life-Threatening Emergencies

Call 9-1-1 for all life-threatening emergency needs.

Additional Resources

The Delaware Aging & Disability Resource Center can connect you to local senior-specific resources.

> Use their online resource search tool, available at: **www.delawareadrc.com** or call **1-800-223-9074**.

Protect Yourself from Coronavirus Scams

- **Do not** share your Social Security number or bank account information by email or phone.
- **Only** open your door to authorized people (i.e. scheduled food delivery.)
- Consumers can file a fraud complaint through the Delaware Department of Justice's Consumer Protection Unit at **de.gov/consumer**.

Other questions?

Call DOJ Hotline at **1-800-220-5424.**