Resumption of Elective and non-Urgent Medical Procedures and Appointments

COVID-19 hospitalization trends are stable, however, there are continued limitations on PPE and relatively high numbers of COVID-19 hospitalizations. It is now appropriate to progress to services where not providing the service has the potential for increasing morbidity or mortality (Tier 2 in the CMS guidance). If hospitalizations remain stable or decrease and PPE is accessible, then Tier 1 (low acuity or fully elective procedures) can be considered. CMS Guidance: https://www.cms.gov/files/document/cms-non-emergent-elective-medical-recommendations.pdf

All licensed health care facilities and health care providers may resume CMS Tier 2 elective and non-urgent medical procedures and appointments on May 20, 2020, and CMS Tier 1 as prioritized by the health care facility provided all of the following measures are in place:

I. Delaware’s health care facilities and licensed health care providers shall exercise their independent professional judgment in determining what procedures are appropriate to perform, which appointments should occur, and which patients to see in light of widespread COVID-19 community transmission. The prioritization process, principles, and framework should be transparent to state government, health care workers, and the public.

II. Licensed health care facilities or health care providers resuming elective and non-urgent medical procedures shall have at least two week’s supply of personal protective equipment (PPE) for staff, and as appropriate, for patients.

- The health care facilities and health care providers must be able to procure all necessary PPE for its desired services via standard supply chains.
- PPE requests to the Division of Public Health will be denied except to support community testing as appropriate.
- All health care providers and staff shall wear appropriate face coverings, to include cloth face coverings, surgical face masks or N-95 masks, respirators, and/or face shields.
- Patients shall wear a face covering whenever possible.

III. Social distancing requirements must be strictly maintained in all settings where people must wait in order to minimize direct contact between individuals within the health care setting and use of non-traditional alternatives is encouraged (e.g., call ahead registration; waiting in a car until called).

IV. All health care workers, patients, and others must be screened for COVID-19 symptoms upon arrival for shift or visit. Staff must stay home if they are showing COVID-19 symptoms.

V. All health care facilities and health care providers must plan for and implement enhanced workplace infection control measures in accordance with the most current CDC guidelines: https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html

VI. Any health care facility or health care provider who is unable to provide PPE for themselves, staff, and patients where appropriate shall immediately restrict operations to urgent and non-elective procedures and appointments.