



## Patient Instructions After a Rapid Test

You had a blood test today by the Delaware Division of Public Health. This “rapid test” will not show your doctor whether you currently have the COVID-19 virus. Instead it looks to see if your body is fighting an infection to the COVID-19 virus.

### Patients who had symptoms (fever, cough, shortness of breath) when they were tested

- Your test was **NEGATIVE** – **this does not mean that you are not infected with COVID-19**. Follow-up testing is usually performed. You must continue to isolate yourself at home, away from others, and should consider yourself to be infected until follow-up has resulted and your health care provider gives you further instructions.
- Your test was **POSITIVE** – **you are likely to spread COVID-19**. Follow your health care provider’s directions. You **must** isolate from others for at least **3 days** after your fever goes away and your breathing returns to normal **and** at least **7 days** since you first noticed you were sick. DPH guidance is to stay away from work for **7 days** after your fever is gone and your breathing improves however, please discuss your return to work options with your employer.

### For patients without symptoms when they were tested

- Your test was **NEGATIVE** – **this does not mean that you are not infected with COVID-19**. Your healthcare provider should have performed additional testing. You may not notice symptoms for up to 2 weeks after exposure to the virus that causes COVID-19. You **must** continue to practice social distancing. Your employer may consider allowing you to return to work. Tell your supervisor if you begin to develop symptoms and self-isolate at home until seen by a health care provider. If you do not have a health care provider call 2-1-1 for assistance.
- Your test was **POSITIVE for IgM** and **NEGATIVE for IgG** – **this suggests you have an active infection. You must consider yourself actively infected with COVID-19**. You **must** self-isolate for 10 days following the test. Please notify your supervisor if you develop symptoms, as isolation requirements may change in this setting. Home isolation may be discontinued under existing DPH guidance, using the rapid test result as the date of first positive test as long as you do not develop COVID-19 symptoms.
- Your test was **POSITIVE for IgM** and **POSITIVE for IgG** – **this suggests you may have been infected with COVID-19 at some point in the recent past**. Follow all of your health care provider’s instructions. If additional testing was performed, discuss with your health care provider what you should do while you wait for the results of that test.
- Your test was **POSITIVE only for the IgG antibody. This means you may have had COVID-19 but still may have some risk**. You should continue to follow all instructions to avoid giving COVID-19 to others, including social distancing and wearing protective equipment.