

# REMEMBER

Cough and sneeze into your elbow.

Dispose of tissues immediately.

Wash your hands for 20 seconds with soap and water.



## Help Prevent Spread in Your School

If you have fever, cough, shortness of breath, sore throat, muscle aches, fatigue, chills, loss of smell or taste, nausea or vomiting, or diarrhea stay home and call your doctor today to discuss the need for COVID-19 testing.

**CORONAVIRUS**  
**(COVID-19)**

[de.gov/coronavirus](https://de.gov/coronavirus)



DELAWARE HEALTH  
AND SOCIAL SERVICES  
Division of Public Health

### Questions?

For information Call 2-1-1, or Text your Zip Code to 898-211  
for those who are deaf and hard of hearing  
or email [DPHCall@delaware.gov](mailto:DPHCall@delaware.gov)