



COVID-19 TEST KIT INSTRUCTIONS

This test for COVID-19 is being provided to you at **no cost** by the State of Delaware. Participation is **VOLUNTARY**. Contact 2-1-1 with any additional questions or concerns. Individuals who are deaf or hard of hearing can text their ZIP code to 898-211.

Kit Contents:



Biohazard bag



Sterile swab stick



Cotton Round (do not use)



Plastic tube*

*Use caution when handling the plastic tube. The tube contains a hazardous liquid used to stabilize your sample. **Be careful not to spill the liquid or drink its content.**

Please do not eat, drink, or brush your teeth for 20 minutes prior to the test.

Kit Instructions:

1. Remove the swab stick from its wrapper. Do not drop or place on any surface.
2. Cough 3-5 times into your mask or face covering.
3. Rub the swab stick **inside** your mouth. Rub it inside your left cheek and your right cheek. Also swab your upper and lower gums, the top of your tongue, and under your tongue. The last thing you should swab is the roof of your mouth. Do each site for at least five seconds to ensure the swab collects enough oral fluids for the test.
4. Do not touch the swab or place it on any surface area after mouth collection.
5. Unscrew the lid of the plastic tube and insert the swab stick from your mouth into the tube. *If the swab is too long to fit in the tube, break it by bending the swab until it snaps.* **BE EXTREMELY CAREFUL NOT TO SPILL THE LIQUID OR DROP THE SWAB.**
6. Screw the top of the tube on securely. Turn the tube upside down several times to mix the sample with the liquid inside the tube. **Make sure no liquid spills.**
7. Put the tube into the biohazard bag and seal the top of the bag.
8. Return the bag and all its contents to the designated collection bin.
9. Your results will be emailed to you within 3 days by Curative Laboratory – the maker of the test. **If you did not provide an email address, you will receive a call at the phone number you provided within 5 days.**