

# IS THE COVID-19 VACCINE SAFE IF YOU ARE PREGNANT, WANT TO GET PREGNANT, OR ARE BREASTFEEDING?

**It is safe** for pregnant and breastfeeding women to get a COVID-19 vaccine. **The CDC recommends you do.**



There is **no evidence** that COVID-19 vaccination causes any problems with pregnancy, including the development of the placenta.

Want to get pregnant someday? It's recommended you get the vaccine too. **No loss of fertility has been reported** among the millions of people who have received the vaccine.



**No increased risk of miscarriage was reported** among 2,500 pregnant women who received a mRNA COVID-19 vaccine before 20 weeks of pregnancy.\*

**No safety issues were identified** among the more than 130,000 women who indicated they were pregnant when they got the COVID-19 vaccine.



Antibodies can be passed through breast milk and **help protect children from the virus.**\*

**None of the COVID-19 vaccines contain the live virus** that causes the disease, so the vaccine cannot make anyone sick with COVID-19, including pregnant women or their babies.



**Pregnant women are at increased risk for serious illness and hospitalization due to COVID-19.** That's why leading OB-GYN organizations recommend they get vaccinated.

Sources: \*Centers for Disease Control and Prevention (CDC)  
\*American College of Obstetricians and Gynecologists

**FIND OUT WHERE TO GET YOUR FREE COVID-19 VACCINE**



**VISIT**  
[de.gov/covidvaccine](https://de.gov/covidvaccine)



**CALL**  
1-833-643-1715



**EMAIL**  
[vaccine@delaware.gov](mailto:vaccine@delaware.gov)

**COVID-19  
STOPS  
WITH US**

