

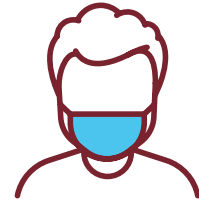
I TESTED POSITIVE FOR COVID-19. NOW WHAT?



Stay home (isolate) for five days.

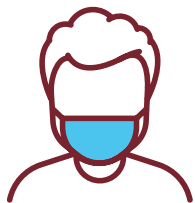


End isolation starting on day six, if you have no fever or if other symptoms improve.



Wear a mask for five more days in all settings. You can stop wearing a mask after two negative tests, 48 hours apart, no earlier than day six.

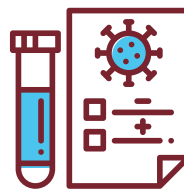
IF YOU WERE EXPOSED TO COVID-19, YOU SHOULD:



Wear a mask around others for 10 days.*



Watch for symptoms for a full 10 days after exposure.



Get tested after day five if possible.
(If you've recently had COVID-19, wait 90 days to get tested.)



If you develop symptoms, stay home and isolate, and get tested.

*If you are unable to wear a mask, you should quarantine for 10 full days, regardless of vaccination status.

VB7018

Find more info at de.gov/quarantine.